

BREAKFAST

Our scrambled egg includes tomato and basil

<p>West Country Breakfast £8.50 Bacon, sausage, scrambled egg, roasted tomatoes, baked beans, toast</p> <p>Veggie Breakfast V £8.25 Roasted new potatoes, mushrooms, baked beans, roasted tomatoes, scrambled egg, toast</p> <p>Vegan option VN £6.95</p>	<p>Mushrooms on Sourdough Toast V £6.35 <i>(ask me to be vegan)</i> VN</p> <p>Poached or Scrambled Eggs on Toast V £5.00 ...add smoked salmon £2.60 ...add smoked bacon £2.50 ...add mushrooms V £2.10</p>	<p>Baps</p> <p>Sausage £4.60 Smoked bacon £4.60 Mushrooms & roasted tomato V £4.10 <i>(ask me to be vegan)</i> VN</p> <p>...add a poached egg to any bap £1.00</p>
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BRUNCH

Customise any meal, big or small, with our additions list

<p>The Boss £10.95 Bacon, sausage, hog's pudding, mushrooms, roasted new potatoes, roasted tomatoes, baked beans, scrambled egg, two rounds of toast</p> <p>Chorizo Hash £8.75 Poached eggs, mushrooms, spinach, roasted tomatoes</p> <p>Sweetcorn Hash V £8.75 Halloumi, poached eggs, avocado & tomato salsa, coriander</p>	<p>NEW</p> <p>Cheddar & Jalapeño Cornbread V £8.75 Fried egg, smashed avocado, spicy salsa, yoghurt, Tabasco maple syrup</p> <p>Sourdough Eggy Bread with Smoked Bacon & Avocado £8.75 Veggie option V £7.75</p> <p>Smoked Salmon, Scrambled Eggs & Avocado on Sourdough Toast £8.75</p>	<p>Eggs Royale £8.75</p> <p>Eggs Benedict £7.95</p> <p>Eggs Florentine V £7.75</p> <p>Pancakes</p> <p>...with smoked bacon & maple syrup £6.60 ...with seasonal compote & Greek yoghurt V £5.85</p>
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LIGHTER

<p>Spelt Granola V</p> <p>...with banana & organic milk £4.10 ...with honey, raspberries, blueberries & Greek yoghurt £5.10 <i>(ask me to be vegan)</i> VN</p> <p>Brown Rice Porridge GF VN £4.95 Coconut milk, vanilla, maple syrup, mango, blueberries, cinnamon</p>	<p>NEW</p> <p>Smashed Avocado on Sourdough Toast V £6.25 Poached eggs, chipotle, chilli <i>(ask me to be vegan or on rye bread)</i> VN WF</p> <p>Rye Bread Porridge V WF £4.95 Sultanas, caramelised apple compote, cinnamon</p>	<p>Porridge V £3.25 ...add any jam/syrup/honey/compote/raisins/toasted nuts & seeds/chocolate drops 65p <i>(ask for me skinny/soya/almond)</i></p> <p>Toast V £2.35 ...with jam/marmalade/Marmite/peanut butter <i>(granary/Sherston white/sourdough/gluten free)</i></p>
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MAINS

<p>Ultimate Burger £10.00 Beef & bacon patty, Emmental, pickled red onion, gherkin, Boston burger sauce, cos, sesame bun, chips, pickled coleslaw <i>(Our burger will appear a little pink due to the bacon we add. It is fully cooked, we promise)</i></p> <p>Veggie Burger V £9.75 Sweetcorn fritter, feta, avocado, chilli, coriander, tzatziki, cos, sesame bun, chips, pickled coleslaw</p>	<p>Vietnamese Banh-Mi Sandwich VN £7.95 BBQ pulled jackfruit, pickled vegetables, coriander, vegan mayo, Sriracha chilli sauce, toasted baguette, pickled coleslaw</p> <p>The Cuban Sandwich £8.35 Slow roast pork, ham, Emmental, Dijon mustard, gherkin, mayo, toasted sub roll, pickled coleslaw</p> <p>Super Salad VN GF N £8.45 Avocado, mango, radish, sprouting seeds, sugar snap peas, leaves, carrot, nuts & seeds</p>
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ADD

...something extra to any dish

<p>Smoked Bacon £2.50</p> <p>Sausage £1.75</p> <p>Chorizo £2.00</p> <p>Halloumi £2.50</p> <p>Avocado £2.00</p> <p>Smoked Salmon £2.60</p> <p>Chicken £2.50</p> <p>Poached Egg £1.00</p> <p>Scrambled Eggs £2.50</p> <p>Mushrooms £2.10</p> <p>Toast £1.10</p>
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TOASTED SANDWICHES

<p>Mozzarella & Chipotle V £5.50 Mozzarella, Cheddar, chipotle, coriander, basil, sun blushed tomatoes</p> <p>...with chicken £6.75</p> <p>Ham & Cheese £6.00 Mozzarella, Cheddar, ham</p> <p><i>(Both are available on gluten-free bread)</i> GF</p>	<p>Croque Monsieur £5.75 Ham, Gruyère, Dijon, Béchamel</p> <p>Croque Madame £6.75 Croque Monsieur, poached egg</p>
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SIDES

<p>Sweet Potato Fritters & Dip V £3.35</p> <p>Side Salad V £3.35</p> <p>Chips V £3.35</p>

SOUP

 ...with chunky bread From £4.50
(Ask a member of the team for today's soup)

We only use free range meat and eggs

Please ask if you have any allergen or dietary requirements.

We cannot list every ingredient in our dishes and although every care is taken, due to the busy nature of our cafes we cannot guarantee the absence of nuts or other allergens.


KEY:

 Gluten Free **GF** Vegan **VN** Nuts **N**
Vegetarian **V** Wheat Free **WF**

COFFEE

...see board for prices

Flat White	Espresso
Piccolo	Double Espresso
Guest Filter Coffee	Macchiato
Americano	Mocha
Latte	Chai Latte
Caffe Au Lait	Hot Chocolate
Cappuccino	White Hot Chocolate

We use organic milk, please ask for dairy alternatives

LOOSE LEAF TEA

...see board for prices

Boston Breakfast	Dragon Well
Earl Grey	Gunpowder
Assam	Jasmine
Lapsang Souchong	Moroccan Mint
Second Flush Darjeeling	Oolong
Decaffeinated Breakfast	Rooibos
Chocolate Tea	Lemongrass & Ginger
Chai	Ginger, Rose & Cardamom (Karma)
Mint	Red Berry & Hibiscus
Chamomile Flowers	

JUICE

OJ	£2.95
Apple Juice	£2.95
Real Lemonade	£2.95

MILKSHAKES

Banana & Peanut Butter ^N	£3.35
Banana, peanut butter, honey, milk	
Marathon ^N	£3.35
Chocolate, caramel syrup, peanut butter, milk	
Dark / White Chocolate Milkshake	£3.35
Dark / white chocolate, milk, avocado (trust us)	

ICED DRINKS

Iced Coffee	£3.35
Coffee, milk, avocado (trust us), maple syrup	
Iced Mocha	£3.45
Coffee, chocolate, milk, avocado (trust us)	
Iced Tea	£2.50
Traditional or Red Berry	

FRUIT SMOOTHIES

Breakfast Smoothie ^{VN N}	£3.35
Raspberries, dates, almond milk, banana, chia seeds, maple syrup	
Blueberry & Ginger ^{VN}	£3.35
Raspberry & Mango ^{VN}	£3.35
Fruits of the Forest ^{VN}	£3.35

SOFT DRINKS

Coca-Cola	£2.55
Diet Coca-Cola	£2.55
Sparkling Orange (San Pellegrino)	£2.55
Still Mineral Water	£2.15
Sparkling Water	£2.15
Sparkling Rhubarb (Cawston Press)	£2.55
Gingerella Ginger Ale	£2.85
Sparkling Elderflower	£2.55
Sparkling Raspberry	£2.55
Purdey's Multivitamin Drink	£2.80
Mango Juice (Frobishers)	£2.55

RAW VEG SMOOTHIE

The Green One ^{VN}	£3.35
Spinach, cucumber, banana, chia seeds, apple juice, lime	

CHECK OUT OUR...
Kids menu.
ALES, BEERS & WINES...

COFFEE, *but* BETTER

Our coffee is roasted in Bristol by Extract Coffee and is available in our house blend, single estate guest, decaf and filter.

House Coffee

Refined over the last 7 years with our friends at Extract; it is a blend of two brilliant beans from La Marianela in Columbia & a cooperative in Peru, with delicious notes of milk chocolate biscuits & toffee in your latte.

**EXTRACT
COFFEE
ROASTERS**

Guest Coffees

Our regularly changing guest espresso will always be a single estate (from one farm). Drink your coffee black? Why not give our seasonally changing single origin filter a try. Both are chosen due to their sustainability credentials and their delicious flavour.

Speak to one of our Baristas for more information

MAKING *things* BETTER

Kids menu.

Little Ones Menu (we suggest under fives)

BREAKFAST

Pancakes, Bacon & Maple Syrup	£3.95
Pancakes & Maple Syrup v	£2.95
Scrambly Egg & Soldiers v	£2.95
Porridge & Honey v	£1.75

MAINS

Pasta & Tomato Sauce v	£3.95
Crudités & Dips v	£3.75
Beans on Toast v	£1.95

Bigger Ones Menu (we suggest over fives)

BREAKFAST

Pancakes, Bacon & Maple Syrup	£6.50
Pancakes & Fruity Compote v	£5.75
Pancakes & Maple Syrup v	£4.95
Meat Breakfast	£4.75
Veggie Breakfast v	£4.50
Sausage Bap	£4.50
Bacon Bap	£4.50

MAINS

Chicken Meatball Pasta	£6.50
Burger & Chips	£6.25
<i>(Our burger will appear a little pink due to the bacon we add. It is fully cooked we promise)</i>	
Veggie Burger & Chips v	£6.25
Sausage Bap & Chips	£5.25
Beans on Toast v	£2.95

Key **v** Vegetarian

Kids menu.

Big and Little Drinks

COLD DRINKS

Banana Milkshake	£1.85
Chocolate Milkshake	£1.85
White Chocolate Milkshake	£1.85
Raspberry & Mango Smoothie	£1.85
Berry Smoothie	£1.85
OJ	£1.25
Discovery Apple Juice (Lovely Drinks)	£1.25
Berry Ice Tea (our squash)	£1.25
Glass of Organic Milk	£0.75

HOT DRINKS

Mini Hot Chocolate	£1.40
Babycino	Free

A note for parents - Please ask if you have any allergen or dietary requirements. We cannot list every ingredient in our dishes and although every care is taken, due to the busy nature of our cafés, we cannot guarantee the absence of nuts or other allergens.



ALES, BEERS & WINES...

CRAFT ALES, BEERS AND CIDER...

Caple Rd - Blend No.3 Cider 5.2% - 330ml	£3.50
Hoxton Cidersmiths - Harry Masters' Medium Cider 4.5% - 500ml	£4.15
Camden Town - Pale Ale 4% - 330ml	£3.75
Camden Town - Hells Lager 4.6% - 330ml	£3.75
Brooklyn Brewery - Brooklyn Lager 5.3% - 355ml	£3.95
Bristol Beer Factory - Southville Hop 6.5% - 500ml	£4.15
Wiper & True - Amber Ale 5% - 500ml	£4.15
Wiper & True - Milk Stout Milkshake 5.2% - 330ml	£4.50

SPIRITS...

	<u>50ml</u>	<u>25ml</u>
Sipsmith Vodka 40%	£6.00	£3.75
Tonic / Slimline / Lemonade / OJ		
Sipsmith London Dry Gin 41.6%	£6.00	£3.75
Tonic / Slimline / Lemonade / OJ		

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ALES, BEERS & WINES...

RED WINE...

	<u>Bottle</u>	<u>250ml</u>	<u>125ml</u>
Douro - 850 - Portugal - 12.5% Ripe red fruits, aromatic	£17.50	£7.00	£3.50
Malbec - Bodegas Carelli 34 - Argentina - 13.5 % Plum, cranberry, spice	£19.50	£8.00	£4.00
Pinot Noir - Cuvée de Brieu - France - 12% Cocoa, kirsch, raspberry	£22.50	£8.50	£4.25

WHITE WINE...

	<u>Bottle</u>	<u>250ml</u>	<u>125ml</u>
Viognier - Cuvée de Brieu - France - 13% Peach, honey	£17.50	£7.00	£3.50
Chardonnay - Pedronocelli - USA - 14.2% Lemon, pear, honey, apple, mango	£19.50	£8.00	£4.00
Sauvignon Blanc - Georges Michel - Marlborough - 13% Tropical fruits	£22.50	£8.50	£4.25

PROSECCO...

	<u>Bottle</u>	<u>Glass</u>
Prosecco - 11%	£23.50	£4.75

COCKTAILS...

	<u>Glass</u>	<u>Jug</u>
Bucks Fizz Prosecco, OJ	£4.75	
Mango Mimosa Prosecco, mango juice	£4.75	
Bloody Mary Double Sipsmith vodka, tomato juice, Worcester sauce, Tabasco, celery, seasoning, ice	£6.50	£12.00
Virgin Mary Tomato juice, Worcester sauce, Tabasco, celery, seasoning, ice	£2.95	
