

BREAKFAST & BRUNCH – SERVED ALL DAY

<p>The Boss £10.95 Bacon, sausage, hog's pudding, mushrooms, roasted new potatoes, roasted tomatoes, baked beans, scrambled egg, two rounds of toast</p> <p>Chorizo Hash £8.75 Poached eggs, mushrooms, spinach, roasted tomatoes</p> <p>Sweetcorn Hash V £8.75 Halloumi, poached eggs, avocado & tomato salsa, coriander, Tabasco maple syrup</p> <p>Sourdough Eggy Bread with Smoked Bacon & Avocado £8.75 Veggie option V £7.75</p> <p>Smoked Salmon, Avocado & Scrambled Eggs £8.75 On sourdough toast</p> <p>Pancakes ...with smoked bacon & maple syrup £6.60 ...with fruit compote & Greek yoghurt V £5.85</p>	<p style="text-align: right;">NEW</p> <p>Flatbreads Za'atar flatbread, date chutney, harissa, herb salad, Greek yoghurt, toasted sesame seeds, pickled red onion, sumac ...with spiced lamb £9.50 ...with crispy halloumi V £9.25</p> <p>Grain Bowls Buckwheat, black quinoa, avocado, lime pickled beetroot, orange, harissa, Greek yoghurt, nuts & seeds ...with pork belly N £10.95 ...with hot smoked mackerel N £10.25</p> <p>Cheddar & Jalapeño Cornbread V £8.75 Fried egg, smashed avocado, spicy salsa, yoghurt, coriander, Tabasco maple syrup</p> <p>Eggs Royale £8.75</p> <p>Eggs Benedict £7.95</p> <p>Eggs Florentine V £7.75</p>	<p>Our scrambled egg includes tomato and basil</p> <p>West Country Breakfast £8.50 Bacon, sausage, scrambled egg, roasted tomatoes, baked beans, toast</p> <p>Veggie Breakfast V £8.25 Roasted new potatoes, mushrooms, baked beans, roasted tomatoes, scrambled egg, toast <i>Vegan option available</i> VN £6.95</p> <p>Mushrooms on Sourdough Toast V £6.35 <i>Vegan option available</i> VN</p> <p>Poached or Scrambled Eggs on Toast V £5.00 ...add smoked salmon £2.60 ...add smoked bacon £2.50 ...add mushrooms V £2.10</p> <p>Baps Sausage or smoked bacon £4.60 Mushrooms & roasted tomato V £4.10 <i>Vegan option available</i> VN ...add an egg to any bap £1.00</p>
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LIGHTER

Spelt Granola V	
...with banana & organic milk	£4.10
...with honey, raspberries, blueberries & Greek yoghurt	£5.10
<i>Vegan option available</i> VN	
Brown Rice Porridge GF VN	£4.95
Coconut milk, vanilla, maple syrup, mango, blueberries, cinnamon	
Porridge V	£3.25
...add any jam/syrup/honey/compote/raisins/toasted nuts & seeds/chocolate drops	65p
<i>skinny/soya/oat milk available</i>	
Smashed Avocado on Sourdough Toast V	£6.25
Poached eggs, chipotle, chilli	
<i>Vegan & gluten free options available</i> VN WF	
Toast V	£2.35
...with jam/marmalade/Marmite/peanut butter (<i>granary/Sherston white/sourdough/gluten free/rye</i>)	

SANDWICHES

The Cuban Sandwich	£8.35
Slow roast pork, ham, Emmental, Dijon mustard, gherkin, mayo, toasted sub roll, pickled coleslaw	
Vietnamese Banh-Mi Sandwich VN	£7.95
BBQ pulled jackfruit, pickled vegetables, coriander, vegan mayo, Sriracha chilli sauce, toasted baguette, pickled coleslaw	
Mozzarella & Chipotle V	£5.50
Mozzarella, Cheddar, chipotle, coriander, basil, sun blushed tomatoes	
...with chicken	£6.75
<i>available on gluten-free bread</i> GF	
Ham & Cheese	£6.00
Mozzarella, Cheddar, ham	
<i>available on gluten-free bread</i> GF	
Croque Monsieur	£5.75
Ham, Gruyère, Dijon, Béchamel	
...add an egg	£1.00

BURGERS & SALADS

Ultimate Burger	£10.00
Beef & bacon patty, Emmental, pickled red onion, gherkin, Boston burger sauce, cos, sesame bun, chips, pickled coleslaw	
Veggie Burger V	£9.75
Sweetcorn fritter, feta, avocado, chilli, coriander, tzatziki, cos, sesame bun, chips, pickled coleslaw	
Super Salad VN GF N	£8.45
Avocado, mango, radish, sprouting seeds, sugar snap peas, leaves, carrot, nuts & seeds	

SIDES

Sweet Potato Fritters & Dip V	£3.35
Side Salad VN	£3.35
Chips V	£3.35

SOUP

...with chunky bread	From £4.50
Ask a member of the team for today's soup	

ADD ...something extra to any dish

Smoked Bacon	£2.50	Avocado	£2.00	Scrambled Eggs	£2.50
Sausage	£1.75	Smoked Salmon	£2.60	Mushrooms	£2.10
Chorizo	£2.00	Chicken	£2.50	Toast	£1.10
Halloumi	£2.50	Poached Egg	£1.00		

We only use free range meat and eggs

Please ask if you have any allergen or dietary requirements.

We cannot list every ingredient in our dishes and although every care is taken, due to the busy nature of our cafes, we cannot guarantee the absence of nuts or other allergens.

KEY:

 Gluten Free **GF** Vegan **VN** Nuts **N**
 Vegetarian **V** Wheat Free **WF**

COFFEE

...see board for prices

Flat White	Espresso
Piccolo	Double Espresso
Guest Filter Coffee	Macchiato
Americano	Mocha
Latte	Chai Latte
Caffe Au Lait	Hot Chocolate
Cappuccino	White Hot Chocolate

We use organic milk as standard in all our coffees, please ask for dairy alternatives

LOOSE LEAF TEA

...see board for prices

Boston Breakfast	Dragon Well
Earl Grey	Gunpowder
Assam	Jasmine
Lapsang Souchong	Moroccan Mint
Second Flush Darjeeling	Oolong
Decaffeinated Breakfast	Rooibos
Chocolate Tea	Lemongrass & Ginger
Chai	Ginger, Rose & Cardamom (Karma)
Mint	Red Berry & Hibiscus
Chamomile Flowers	

MILKSHAKES

Strawberry Milkshake	NEW	£3.35
Strawberries, ice cream, milk		
Banana & Peanut Butter ^N		£3.35
Banana, peanut butter, honey, milk		
Dark/White Chocolate Milkshake		£3.35
Dark or white chocolate, milk, avocado (trust us)		

SHRUBS

No, not the garden plant, but a delicious drink that's pretty good for you too - made with fruit, apple cider vinegar & Frank sparkling water.	NEW	
Strawberry, Basil & Black Pepper ^{VN}		£2.95
Rhubarb & Rose ^{VN}		£2.95

JUICE

OJ	£2.95
Apple Juice	£2.95
Real Lemonade	£2.95

FRUIT SMOOTHIES

Kefir Colada	NEW	£3.35
Pineapple, kefir milk, lime, coconut water, honey		
Breakfast Smoothie ^{VN}		£3.35
Raspberries, dates, oat milk, banana, chia seeds, maple syrup		
Blueberry & Ginger ^{VN}		£3.35
Raspberry & Mango ^{VN}		£3.35

SOFT DRINKS

Coca-Cola	£2.60
Diet Coca-Cola	£2.60
Sparkling Orange (San Pellegrino)	£2.60
Still Mineral Water (Frank)	£2.15
Sparkling Water (Frank)	£2.15
Sparkling Rhubarb (Cawston Press)	£2.60
Gingerella Ginger Ale	£2.85
Sparkling Elderflower	£2.60
Sparkling Raspberry	£2.60
Purdey's Multivitamin Drink	£2.80
Mango Juice (Frobishers)	£2.60

RAW VEG SMOOTHIES

Carrot & Turmeric ^{VN}	NEW	£3.35
Carrot, turmeric, lemon, ginger, apple juice, maple syrup		
The Green One ^{VN}		£3.35
Spinach, cucumber, banana, chia seeds, apple juice, lime		

ICED DRINKS

Iced Coffee	£3.35
Coffee, milk, avocado (trust us), maple syrup	
Iced Mocha	£3.45
Coffee, chocolate, milk, avocado (trust us)	
Iced Tea	£2.50
Traditional or Red Berry	

CHECK OUT OUR...



COFFEE, *but* BETTER

Our coffee is roasted in Bristol by Extract Coffee and is available in our house blend, single estate guest, decaf and filter.

House Coffee

Refined over the last 7 years with our friends at Extract; it is a blend of two brilliant beans from La Marianela in Columbia & a cooperative in Peru, with delicious notes of milk chocolate biscuits & toffee in your latte.



Guest Coffees

Our regularly changing guest espresso will always be a single estate (from one farm). Drink your coffee black? Why not give our seasonally changing single origin filter a try. Both are chosen due to their sustainability credentials and their delicious flavour.

Speak to one of our Baristas for more information

MAKING *things* BETTER

Kids menu.

Little Ones Menu (we suggest under fives)

BREAKFAST

Pancakes, Bacon & Maple Syrup	£3.95
Pancakes & Maple Syrup v	£3.25
Scrambly Egg & Soldiers v	£3.00
Porridge & Honey v	£2.00

MAINS

Beans on Toast v	£2.00
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Bigger Ones Menu (we suggest over fives)

BREAKFAST

Pancakes, Bacon & Maple Syrup	£6.60
Pancakes & Fruity Compote v	£5.85
Pancakes & Maple Syrup v	£5.00
Meat Breakfast	£4.95
Veggie Breakfast v	£4.75
Sausage Bap	£4.60
Bacon Bap	£4.60

MAINS

Burger & Chips	£6.35
<i>(Our burger will appear a little pink due to the bacon we add. It is fully cooked we promise)</i>	
Veggie Burger & Chips v	£6.35
Sausage Bap & Chips	£5.50
Beans on Toast v	£3.00

Key **v** Vegetarian

Kids menu.

Big and Little Drinks

COLD DRINKS

Banana Milkshake	£1.85
Chocolate Milkshake	£1.85
White Chocolate Milkshake	£1.85
Raspberry & Mango Smoothie	£1.85
Berry Smoothie	£1.85
OJ	£1.25
Apple Juice	£1.25
Berry Ice Tea (our squash)	£1.25
Glass of Organic Milk	£0.75

HOT DRINKS

Mini Hot Chocolate	£1.40
Babycino	Free

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ALES, BEERS & WINES...

CRAFT ALES, BEERS AND CIDER...

Caple Rd - Blend No.3 Cider 5.2% - 330ml	£3.50
Hoxton Cidersmiths - Harry Masters' Medium Cider 4.5% - 500ml	£4.15
Camden Town - Pale Ale 4% - 330ml	£3.75
Camden Town - Hells Lager 4.6% - 330ml	£3.75
Brooklyn Brewery - Brooklyn Lager 5.3% - 355ml	£3.95
Bristol Beer Factory - Southville Hop 6.5% - 500ml	£4.15
Wiper & True - Amber Ale 5% - 500ml	£4.15
Wiper & True - Milk Stout Milkshake 5.2% - 330ml	£4.50

SPIRITS...

	<u>50ml</u>	<u>25ml</u>
Sipsmith Vodka 40%	£6.00	£3.75
Tonic / Slimline / Lemonade / OJ		
Sipsmith London Dry Gin 41.6%	£6.00	£3.75
Tonic / Slimline / Lemonade / OJ		

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ALES, BEERS & WINES...

RED WINE...

	<u>Bottle</u>	<u>250ml</u>	<u>125ml</u>
Douro - 850 - Portugal - 12.5% Ripe red fruits, aromatic	£17.50	£7.00	£3.50
Malbec - Bodegas Carelli 34 - Argentina - 13.5 % Plum, cranberry, spice	£19.50	£8.00	£4.00
Pinot Noir - Cuvée de Brieu - France - 12% Cocoa, kirsch, raspberry	£22.50	£8.50	£4.25

WHITE WINE...

	<u>Bottle</u>	<u>250ml</u>	<u>125ml</u>
Viognier - Cuvée de Brieu - France - 13% Peach, honey	£17.50	£7.00	£3.50
Chardonnay - Pedronocelli - USA - 14.2% Lemon, pear, honey, apple, mango	£19.50	£8.00	£4.00
Sauvignon Blanc - Georges Michel - Marlborough - 13% Tropical fruits	£22.50	£8.50	£4.25

PROSECCO...

	<u>Bottle</u>	<u>Glass</u>
Prosecco - 11%	£23.50	£4.75

COCKTAILS...

	<u>Glass</u>	<u>Jug</u>
Bucks Fizz Prosecco, OJ	£4.75	
Mango Mimosa Prosecco, mango juice	£4.75	
Bloody Mary Double Sipsmith vodka, tomato juice, Worcester sauce, Tabasco, celery, seasoning, ice	£6.50	£12.00
Virgin Mary Tomato juice, Worcester sauce, Tabasco, celery, seasoning, ice	£2.95	
